

## **Monday**

Kidzone Playgroup	9:15	-	11:45am
Gymtots (1-3)	9:30	-	10:30am
Kidzone Playgroup	12:30	-	3:00pm
Gymtots (1-3)	2:00	-	3:00pm
Preparation Gymnastics (Mixed)	3:45	-	4:45pm
Preparation Gymnastics (Mixed)	4:45	-	5:45pm
Rhythmic Gymnastics (Competitive)	4:00	-	8:00pm
Advanced Girls Gymnastics	4:30	-	7:30pm
Advanced Male Gymnastics	6:00	-	9:00pm
Vale Karate	7:00	-	9:00pm
Cruse Friendship Club	7:00	-	9:00pm

## **Tuesday**

Kidzone Playgroup	9:15	-	11:45am
Gymtots (1-3)	10:30	-	11:30am
Kidzone Playgroup	12:30	-	3:00pm
Gymjynx (3-4)	12:45	-	1:45pm
Zumba	1:00	-	2:00pm
Gymjynx (3-4)	2:00	-	3:00pm
Boys Recreational	4:00	-	6:00pm
Motion Control Dance	5:00	-	9:00pm
Boys Advanced Gymnastics	6:00	-	9:00pm
Superstars in the making (singing)	6:00	-	9:00pm
Vale Karate	6:00	-	9:30pm
Wellness & Weight loss Club	6:30	-	7:30pm

## **Wednesday**

Kidzone Playgroup	9:15	-	11:45am
Kidzone Playgroup	12:30	-	3:00pm
Preparation Gymnastics (mixed)	3.45	-	4:00pm
Preparation Gymnastics (Mixed)	4:45	-	5:45pm
Rhythmic Gymnastics	4:00	-	7:00pm
Advanced Girls Gymnastics	4.30	-	7:30pm
Motion Control Dance	6:00	-	7:00pm
Boys Breakers	7:00	-	9:00pm
Vale Karate	6:00	-	9:00pm
Disability Arts Group	6:30	-	8:30pm

## **Thursday**

Kidzone Playgroup	9:15	-	11:45am
Gymjynx (3-4yrs)	9:30	-	10:30am
Kidzone Afternoon Playgroup	12:30	-	3:00pm
Gymjynx (3-4yrs)	12:45	-	1:45pm
Gymjynx (3-4yrs)	2:00	-	3:00pm
Rhythmic Recreational	4:00	-	5:00pm
Local Motion Disability Dance	5:00	-	7:00pm
Boys Advanced Gymnastics	5:00	-	9:00pm
Superstars in the making (Zumba)	7:15	-	8:15pm
Tae Kwon Do	5:30	-	7:00pm
Tae Kwon Do Adult	6:00	-	8:00pm
Barry Healthy Heart Club	6:00	-	8:00pm
Tae Kwon Do Disability	7:00	-	8:00pm

## **Friday**

Kidzone Playgroup	9:15	-	11:45am
Kidzone Playgroup	12:30	-	3:00pm
Reach 4 Sport (Boccia)	2:00	-	3:00pm
Little Kickers	3:30	-	4:15pm
Little Kickers	4:30	-	5:15pm
Girls Advanced Gymnastics	4:00	-	7:30pm
Rhythmic (Competitive)	4:00	-	8:00pm
Female Prelim Gymnastics	4:00	-	5:30pm
Vale Karate (From April)	6:00	-	9:30pm

## **Saturday**

Vale Karate	9:00	-	1:00pm
Street Dance	9:00	-	3:00pm
Recreational Gym (Girls)	9:30	-	10:30am
Recreational Gym (Girls)	10:30	-	11:30am
Recreational Gym (Girls)	11:30	-	12:30am
Recreational Gym (Girls)	12:30	-	1:30pm
Boys Feeder	1:30	-	5:00pm
Rhythmic Advanced Gym	5:00	-	7:00pm
Cheerleading	6:30	-	7:30pm